

Press Release
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You're never too old for IT



Two Croesyceiliog residents with a combined age of 161 proved that you're never too old to learn new skills when they completed a computer training course recently.

Joan Head and Rosalind Hunter, aged 81 and 80, took the ten-week course at Ty George Lansbury – the extra care housing scheme where they live. The scheme has a fully equipped computer suite and the training was provided by staff from nearby Croesyceiliog Community Education Centre. Members of the community were able to enrol too.

The group learnt how to email, use the internet and found out more about applications like Word.

Resident Joan said: "I really enjoyed the course. Some of the tasks were quite tricky to get the hang of, but the trainer was very good – she was incredibly patient with us! Since finishing the course I've even bought my own laptop so I can put my new skills to good use."

Ty George Lansbury is Torfaen's first Extra Care scheme. Extra Care accommodation caters for older people who need care and support, but who want to retain their independence in a home of their own. Built in partnership with Torfaen Council in 2008, the £6.1 million development is managed by Melin Homes.

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Notes to editors:

- Melin Homes is a not-for-profit landlord providing quality homes and services across Blaenau Gwent, Monmouthshire, Newport, Powys and Torfaen. For further information please visit www.melinhomes.co.uk