

# Community support groups including foodbanks

## Noddfa Church

**Location:** Abersychan

**Website:** [www.noddfachurch.com](http://www.noddfachurch.com)

Please message directly via Facebook or call Pastor John on **01495 448902** if you need to access the food share.

Foodshare at 10am Tuesday, 6pm Wednesday and 10am Sundays.

To check, please see posting on the Church Facebook Page or Instagram at **@noddfachurch**

## Co-Star

**Location:** Greenmeadow

Please phone the office on **01633 869227** for any crisis bag or other queries. They are operating with minimum staff and not always able to pick up Facebook or Private Messages.

Co-Star has emergency food parcels available for those in hardship during the crisis. They are closed for normal activities but are a distribution point for free school meals and crisis food parcels to those economically affected.

Opening hours are 9.30am-2.30pm Monday to Friday

## Thornhill Community Centre

**Location:** Leadon Court, Cwmbran

Message via Facebook page, Chris Campbell on **07734 929741** or call Thornhill Management Board on **07549 973165**.

If you know of or identify any vulnerable people who may need urgent help without means testing or self-referrals. Anyone can ask for help for an individual.

## Northville Community Group

For households who live in Northville Cwmbran and who may be facing financial hardship and in need of a food parcel, please email [northvillecg@gmail.com](mailto:northvillecg@gmail.com)

## Llanyrafon Pop up Food Share

**Location: For residents in Croesyceiliog at Woodlands Road Social Centre**

Monday to Friday 11am to 12 noon. Residents in need of a food bank referral are advised to apply in the usual way. Food parcels are now being delivered to home addresses. For anyone attending, please follow social distancing advice strictly and adhere to the social distance markers if you need to queue. **If you are poorly with Covid19 symptoms, DO NOT ATTEND. Your pack may be collected by a nominated person.**

The food share will provide “crisis packs” to those affected by a sudden change to their income by Covid 19 economic challenge. To receive a pack, please call your local Councillor who will pass your details to volunteers at Woodlands Road. It is not a remedy for your current financial situation but it will certainly help. Food stock is dependent on supplies and will largely be long life items that if you can add fresh produce you will be able to make up to three meals a day for a few days.

## Panteg House Employees Club

Are sorting and distributing the food packages across Torfaen, distributing leftover free school meals to those confined at home.

**Call 01495 763605**

## Trac 2

Providing the following support; over the phone advice and guidance; emergency support - food parcel delivery referrals, emergency DAF applications.

Offices can still support over the phone on **01495 764078** or through their Facebook Messenger.

## Victory Church

**Location: Blaenavon**

The foodbank will continue to run every Thursday from 12.30-2.30pm at 16 Broad Street, Blaenavon. If you are deemed at risk/self isolating, delivery can be made to your home. Please call **07746 229204**.

This service is built on trust and compassion and will help all that they can but please remember they only have limited resources.

## Eastern Valley Foodbank

This will be closed in their usual format from Wednesday but will be distributing food parcels directly to homes as instructed by the voucher holding agencies. [info@easternvalley.foodbank.org.uk](mailto:info@easternvalley.foodbank.org.uk) or phone **01495 760605**.

Donations are being gratefully received at supermarket collection points.

## Garnsychan Partnership

**Location: 55 Stanley Road, Garndiffaith**

**Website: [garnsychan.co.uk](http://garnsychan.co.uk)**

Free daily service, delivering medication supplies in our ward to take pressure off Abersychan pharmacy. Food packs for family and elderly. Collection point for food packages for children entitled to free school meals. Van delivery service for doorstep food delivery. Activity packs for families with children. Craft packs - going to be setting up a community craft competition and hoping to encourage family activity, creativity and bonding. You can then post finished product as a family onto the partnership's social media.

Offering a friendly phone call service to anyone who is isolated and would like some virtual company up to 3 times a week to every resident who would like this service. Over the phone and on-line support with ESA and universal credit applications.

Email [info@garnsychan.org.uk](mailto:info@garnsychan.org.uk) for advice call **07519 581862**  
or **01495 774453**

## Discretionary Assistance Fund or grant

This is a fund for emergency cash payment.

Ring 0800 8595 924 or apply online at:

<https://gov.wales/discretionary-assistance-funddaf>

## Cwmbran Trust

If you or your family are experiencing financial hardship go to the website [www.cwmbrantrust.co.uk](http://www.cwmbrantrust.co.uk) or download an application or email [gifts@cwmbrantrust.co.uk](mailto:gifts@cwmbrantrust.co.uk)

They can also be contacted by phone on **01633 834057**.

If you would like advice over the phone someone is available Monday from 9am to 3pm or contact one of the support agencies listed who can submit an application on your behalf. The trust aims to consider applications within 3 working days.

## Bulding Resilient Comunities

Contact Helen Jenkins by email at [helen.jenkins@torfaen.gov.uk](mailto:helen.jenkins@torfaen.gov.uk) or Samantha Scott by email at [samantha.scott@torfaen.gov.uk](mailto:samantha.scott@torfaen.gov.uk) for information regarding financial support and access to grants.

## Cwmbran Community Council

Contact Citizens Advice on **01633 876121** who will arrange for a “call back” telephone advice session.

For residents seeking advice during the corononavirus outbreak, Cwmbran Community Council advise arranging telephone advice in this way.

## Griffithstown Baptist Church

A dedicated phone for people who need to talk to help combat loneliness.

The ministers Jon Dickerson and Tania Vaughan and volunteers are DBS checked and have safeguarding awareness. Call 07539 521642

## Tesco Pontypool — Special opening hours

### **For NHS workers with Valid ID:**

Tuesday, Thursday and Sunday 9am-10am\*

### **Vulnerable Customers:**

Monday, Wednesday and Friday, 9am to 10am

\*Please note on a Sunday this time can be used from 9am to 10am for NHS to gather items then pay at official store opening time.

## Morrisons

Visit [www.morrisons.com/food-boxes](http://www.morrisons.com/food-boxes) for a £35.00 delivered box with pre-selected items for meat or vegetarian box.

# Delivery Services

## La Leche League

Delivery service for families struggling to get baby formula.

**Call 03451 202918**

## Spar and Post Office New Inn

Offering a home service delivery to customers who are most at risk to Covid-19 and who live within walking distance of the store.

Vulnerable customers included for this home service include, aged over 70, pregnant, customers with a disability /special needs, customers with long term health problems, single parents self isolating with children.

**Call 01495 763631**

## W Randell and Sons Butcher (Pontypool market)

Orders need to be placed by Friday and they deliver on Saturday.

**Call 01495 750005**

## D Townsend Family Butchers (Trevethin)

Orders to be placed via Phone or FB page inbox. All orders minium charge of £10.00 plus £2.00 delivery - Pontypool area only. Vulnerable people will take priority.

**Call 01495 763317**

## Golden Valley Meat and Game

Available for home delivery to Torfaen on certain days. Meat hampers, joints, pies, eggs etc. Delivery is free on orders of £25.00

**Visit [gvmg.co.uk](http://gvmg.co.uk) or call 01981 240341**

## **Douglas Willis**

Call to place your order for back of shop collection or local delivery. Order by 9am for next day delivery. Free delivery when you spend £70 or more (excluding Saturday deliveries)

Visit [www.douglaswillis.co.uk](http://www.douglaswillis.co.uk) or call 01633 870458

## **Mike's Fruit & Veg (Blaenavon)**

Will deliver locally, bread and milk too. No card payments.

Shop opening hours are Monday 7am -1pm, Tues, Wed, Thurs, Fri 7am -2pm and Sat 7am-1pm.

Call 01495 616080

## **Penrhiwgyngi Farm Bakery (Pontypool market)**

Call 07855 781631

## **Mayberry Pharmacy Pontypool**

Email [pontypool@mayberrypharmacy.co.uk](mailto:pontypool@mayberrypharmacy.co.uk)

## **Abersychan Pharmacy**

If you are self isolating and worried about collecting your prescription please call as they have a number of volunteers who can collect for you.

Call 07519 581862

# Other Key Services

## Pontypool Post Office

Open 9am-12 noon Monday to Saturday

## Blaenavon Post Office

Open for appointments only.

## Post Office New Inn

Open Monday to Friday 9am–5.30pm and Saturday and Sunday 9am–2pm

Gas and electric utility payments are included in these opening times so customers will only be able to top up their accounts at these times.

## CAB

Please note CAB have a new local number during this outbreak and is available 9am to 5pm Monday to Friday. **Call 0300 3302117**

## Golden Valley Meat and Game

They have a dedicated emergency careline number for use during the Covid pandemic. It is for people with meter cards (not smart meters) who run out of gas or electric.

**Call 03450 729495**